# Into Wilderness Bushcraft

A guide to Event Planning Workshops and experiences





## Introduction

At Into Wilderness we specialise in indigenous living and primitive skills. Our work allows our clients to explore a pathway to indigenous knowledge through Bushcraft. We focus on quality experiences where clients and host organisations are engaged in sustainable practices linked with the concept of kinship with the land. Our work is undertaken with passion and enthusiasm. We are not actors, reran actors or jobbing historians - Instead, Clients and hosts will find themselves working with professional craftspeople who work diligently to share knowledge and inspire others about nature.

This document aims to share an insight into the various aspects of our work, moreover a guide to what workshops, and experiences Into Wilderness can offer to a host organisation in regards to event planning during 2025. Our team will aim to work alongside you in order to promote and provide quality experiences at your venue. The experience we offer to clients often shares goals of sustainability and outdoor education, leading to a fantastic opportunity for host organisations to promote their strategies.

All of the workshops and activities included in this document have been risk assessed however some activities may require further risk assessment that could take place at the venue. All of the Into Wilderness team are fully DBS checked and have the relevant qualifications and experience to deliver the activities.

If you are interested in involving into Wilderness in the 2025 events schedule and have any questions regarding any of the workshops included in this document then please contact us we aim to be as flexible as possible to meet the requirements of a host organisation.

#### Meet the team

Lewis Tingle - Founder & Lead Instructor at Into Wilderness

Lewis is a highly respected Bushcraft instructor who lives and breaths the world of Bushcraft of which he teaches

As a Teacher and craftsman, Lewis has spent over 10 years working in the UK with host organisations to provide outdoor education as well as his time overseas learning through nature and first hand from indigenous communities across the world including the Hadzabe, Sami and Chyanne.

Lewis specialises in primitive skills and crafts to which he acreddits his passion for learning from nature.

"Indignity is a pathway to learning about nature, bringing you closer to fully understanding your bio region"



## The Seasonal Forager

A Foraging workshop providing clients with an experience of learning first hand about seasonal wild foods including the sustainable practices of foraging, safe identification of wild foods, poisonous plants, medicinal uses of plants and trees, as well as the gathering techniques used by the forager.

This workshop can be flexible to meet the needs of the clients and host organisation. The seasonal forager typically lasts for three hours but can be longer or shorter. During this workshop Into Wilderness can provide a yurt shelter for clients, in where a small wild snack can be prepared. As a minimum we require at least eight clients to have booked for this experience. This workshop is designed for a maximum of 25 participants.

The seasonal forager workshop is available year round, bringing a variety of aspects to outdoor learning within the event's calendar.



## Wild Foods

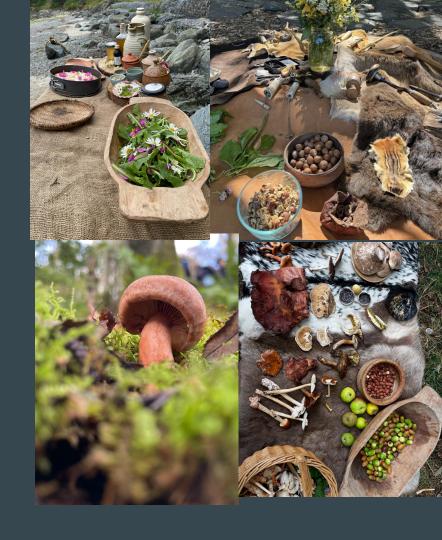
As a addition to the seasonal forager, our Wild foods experience gives clients the opportunity to explore the outdoor cooking aspect reheated to wild foods.

During this workshop, clients will be introduced to a variety of seasonal wild foods that they will prepare and cook with the guidance of an expert wild foods cook. Clients will explore three different recipes using over 30 wild ingredients. Recipe include wild flour and bread baking, Wild garlic pesto as well as wild cordials and much more.

Our Wild feasts can also include game butchery if requested - Clients will learn and have hands on experience using ever part of the animal (can include Roe deer, phrant and Hare)

Wild feasts can cater for vegans

This workshop typically takes up to three hours. A yurt can be provided by the Into Wilderness team. The use of a raised fire pit/ open fire is essential.

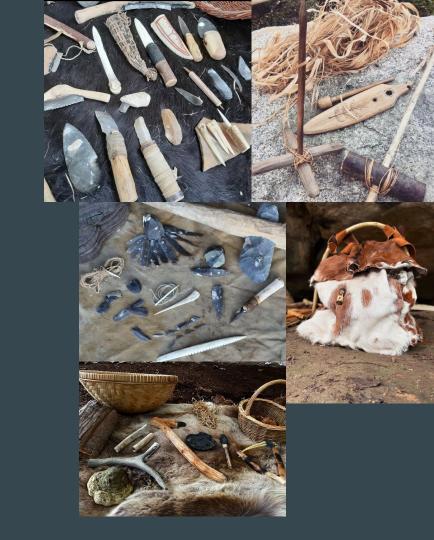


## Natural Crafts

Let's set the scene, Clients arrive at the venue after booking onto a Natural crafts workshop (It may be that the course is advertised as one or more of the following activities: Flint knapping and stone age tools, natural cordage, Natural clay pottery, Bone needle making, primitive fishing set making, bark baskets and natural pigments)

Each of the participants take a seat in the workshop and meet the instructor who guides them through an introduction of the course, outlining the historical significance of the materials and the importance of the landscape from which they have been gathered. Clients will have the opportunity to craft their own basket, tools or set to take home, leaving the experience with a valuable insight into natural craftsmanship and a deeper connection to nature.

This workshop is designed for all ages and typically takes at least 3 hours, with a maximum capacity of 10 per group.



#### **Bushcraft Introduction**

The Bushcraft introduction experience is designed to give clients an insight into what we teach as learning by nature. The course guides clients through several modules of learning such as fire craft, natural shelter construction, outdoor cooking, Woodcarving, archery (where the venue is suitable) natural crafts and simply connecting with nature.

The course is designed for all ages, including adults however the Bushcraft introduction is also perfectly suited for family groups.

This course is ideally designed to be hosted over a full day.



## Summary

Into Wilderness offers quality experiences that connect people with nature through Bushcraft related activities. We invite the reader to contact us regarding our courses on offer. Our team will be happy to provide further information specific edifice to each course.

For our service we offer great value for money and clients can be assured that our work is supported by sustainable practices.

Our workshops and courses are available to book year round with a minimum of two months notice with advertisement time required. Prices for each workshop may be varied. Our team work on a percentage of ticket sale basis or on a subsidised price based on the Host organisation . Our team can provide a quote upon request.

we thank the reader for taking the time to consider each of our courses on offer. We invite you to contact us via email or mobile to discuss how Into Wilderness could fit into the schedule of events that you are planning in 2025.

Please take time to check out the I to Wilderness website:

Www.intowilderness.co.uk

Email: intowildernessuk@gmail.com

Mobile: 07443052162

#### We also offer the following activities

- Bow crafting Workshop
- Folklore and mythology experience
- Ancestral skills course
- Falconry
- Archery
- Guided nature walk
- Herbal Remedies
- Wildlife tracking and observation
- Sustainable land management consultation through indigenous farming practices

